

Please join us in welcoming Tanya Lynn Trombly (Sugar Plum Fairy) and Fredrick Davis (Cavalier) to our 40th Annual Nutcracker Ballet!

Originally from Michigan, Tanya holds a B.A. in Dance from Mercyhurst University in Erie, PA. She danced with several professional companies across the country before settling in New York City to work as a freelance artist. She has performed principal roles in many classical ballets including *Swan Lake*, *Beauty & the Beast*, *Cinderella*, *Sleeping Beauty*, *The Little Mermaid*, *The Nutcracker* along with original contemporary works. She is also the founder and owner of Anti-Bunhead Fitness. Through her patented Bulletproof Ballerina cross-training system and nutrition & lifestyle coaching, she works with dancers to help them reach their true potential as artists. Ms. Trombly believes that every dancer has a unique gift to share with the world and hopes to nurture strength, confidence, and self-worth in dancers so that they feel free to open themselves fully to their art. You can learn more here: tanyatrombly.mystrikingly.com

Born in Brooklyn, NY, and raised in Chattanooga, TN, he began his training as a TIP full scholarship recipient with Ballet Tennessee. After being accepted into Dance Theatre of Harlem Ensemble, he performed with [Dance Theatre of Harlem](http://DanceTheatreofHarlem.com) on both national and international tours. Mr. Davis danced the "Pas de Deux" with Emiko Flanagan, from George Balanchine's ballet *Agon*, and has performed for Arthur Mitchell's DTH Vision Gala with Ashley Murphy (Washington Ballet), Misty Copeland (ABT), and Matthew Prescott (International Freelance Artist). He is currently Guest Choreographer and Guest Artist with American Midwest Ballet.

Mr. Davis has been a principal dancer with Ballet Tuscon, cast in roles such as The Sugarplum Fairy Cavalier in *The Nutcracker*, Don Quixote 3rd Act "Grand Pas Deux", "Balcony Pas de Deux" in *Romeo and Juliet* and Solor in "Kingdom of Shades" from *La Bayadere*. He has also been a guest artist with Dance Theatre of Harlem, San Jose Dance Theatre Company, New Jersey Ballet Company, Connecticut Ballet, and a guest choreographer for Neville Dance Theatre. He has a documentary by WTCI-PBS production based on his life, which explores his journey from being a homeless child on the street to transcending into a world-class ballet dancer.